

# LENT

Resources for your Lenten journey

*There are so many inspiring resources to assist you as you pray through Lent. Visit the parish vestibule for a reflection booklet or explore some of the below online resources.*



Spend your time with Christ in the Gospel this Lent alongside Bishop Barron and the Word on Fire community.

<https://www.lentreflections.com>



Take time each day for Living Lent Daily, and prepare your heart for a new appreciation of the journey to Easter.

<https://www.loyolapress.com/catholic-resources/liturgical-year/lent/living-lent-daily/>



Feed Your Soul with Prayer this Lent!

Beginning on Ash Wednesday and continuing through all forty days of Lent, you will receive a daily email with a short video to help you reconnect with yourself and your God. With Matthew Kelly

<https://www.dynamiccatholic.com/lent/best-lent-ever.html>



Join this 40-day journey of welcoming Christ's tender love, beginning with short, daily videos from Scripture scholar Dr. Tim Gray. Live in Christ's love and let him transform your life.

Sign up to receive these reflections straight to your inbox

<https://formed.org/lent>



During Lent, in these turbulent times, how can we persevere in our work for justice with a steadfast spirit, rooted in love?

Join writers from the Jesuit and broader Catholic network as we seek to answer this question, renewing each day throughout Lent our commitment to care for both our fellow human beings and our common home.

<https://ignatiansolidarity.net/steadfast-lent-2021/>



For Children from Formed: Join Brother Francis in this compact presentation of what Lent is all about and how we observe it as Catholics. Great for the whole family!

<https://watch.formed.org/videos/let-s-learn-about-lent>